

How to take your Post Exposure Prophylaxis (PEPSE)

For PEPSE to work the drugs must be taken for 28 days.

If you stop taking it before 28 days it is unlikely that it will work.



Truvada

Take 1 tablet at the same time
every day



raltegravir

Take 1 tablet every morning and
1 tablet every evening
Take each tablet at the same time of day
(12 hours apart) E.g. 8am and 8pm

If you forget to take your PEP and remember in less than 24 hours, take the next dose as soon as you remember. If more than 24 hours have passed, take the next dose you are due to take - don't take double the dose.

As recreational drugs can have **dangerous interactions with HIV medication**, it's advisable not to use them while taking PEP.

Please return to the Florey Clinic for follow-up appointments;

2 weeks after your risk exposure

8 - 12 weeks after your risk exposure

If you develop any rash or fever whilst taking PEPSE please walk in at any time for a review.